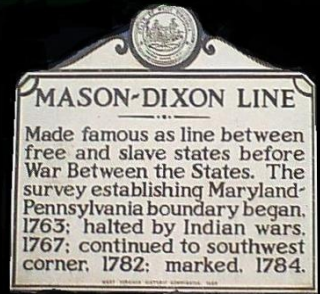




2012 MASON DIXON QUAD

DELAWARE*PENNSYLVANIA

NEW JERSEY*MARYLAND



BORN IN 1997 OR AFTER

EARN YOUR SPOT ON THE MASON DIXON QUAD TEAM

The premier event to test your wrestling skills against the Mid-Atlantic. Last year, Team Maryland beat Pennsylvania for the first time in over ten years to take second to New Jersey. We look to close the gap and continually improve. The selection process of making the team will not only make Team Maryland more competitive as a state, but will also prepare wrestlers mentally and physically with designated camps and clinics.

WEIGHTS

60 (born in 2000 or after), 65 (born in 2000 or after)
70, 75, 80, 85, 90, 95, 100, 105, 110, 115, 120, 130, 140, 150, 165
(born in 1997 or after)

EARN YOUR POINTS AT ANY AND ALL OF THESE EVENTS!

(top 4 placewinners earn 10 points unless otherwise noted)

SCHEDULE

UMBC RETRIEVER OPEN-Oct 8th, UMBC

MSWA FALL BRAWL-Oct 23th, Landon HS

MSWA MARYLAND FALL OPEN-Oct 30th, Bel Air HS

SUPER 32-Oct 29-30th, Greensboro, NC
(top 8 placewinners earn 20 points)

MSWA MIKE TYLER OPEN-Nov 6th, Watkins Mill HS

CLINIC I-Nov-TBA-early Nov
(earns 10 points-mandatory)

CLINIC II-Nov-TBA-late Nov
(earns 10 points-mandatory)

MASON DIXON QUAD-Jan 8th, McDonogh School
(minimum 40 points may wrestle off for team-TBA-early Dec)

ADDITIONAL INFORMATION & REQUIREMENTS

- 60 and 65 pounds must be born in 2000 or after
- All other weights must be born in 1997 or after
- No High Schoolers!
- Previous team members earn 5 points
- Earn 3 points per week for attending 1 wrestling practice until Dec 1st (twelve weeks, maximum 36 points)
Coach must contact me each week to verify your attendance; it is your responsibility to have coach contact me!
- 2011 MSWA Age/Weight State placers (top 6) earn 10 points
- Once you make the team, 2 mandatory camps in November will help prepare wrestlers

If you have any questions, please contact Coach Jay LaValley at 410-499-1610 or jaylavalley@gmail.com

PLEASE VISIT WWW.MARYLANDWRESTLING.ORG FOR MORE INFORMATION

*****All Training at the "KOLAT TRAINING CENTER"*****

536 Cranbrook Road Cockeysville, MD 21030, www.kolatwrestlingclub.com

BROUGHT TO YOU BY THE MARYLAND STATE WRESTLING ASSOCIATION ("MSWA")



You must have a current/valid USA Wrestling Card and must sign waivers/releases/rules