



2012 MARYLAND FREESTYLE & GRECO-ROMAN PRE-SEASON TRAINING

***USAW SCHOOLBOY, CADET,
and JUNIOR AGES (13-19)
WELCOME***



ORGANIZED AND ADMINISTERED BY THE MD CADET NATIONAL TEAM

The Maryland State Wrestling Association (MSWA) will sponsor the 2012 Maryland Schoolboy and Cadet National Freestyle & Greco-Roman Dual Teams as they compete at USA Wrestling National Duals. To help prepare wrestlers earn their way onto one of these teams, and wrestle in these grueling meets, the MSWA and the Cadet National Team are sponsoring several Pre-Season Training events focused on Freestyle and Greco-Roman.

APPLICATION

Name _____
Date of Birth _____ Weight _____ USAW # _____ Grade in School _____
School _____ Record & Accomplishments _____

Address _____
City _____ State _____ Zip _____
Phone (____) _____ E-mail _____

Each clinic will have three sessions daily. Registration fee is \$25/day or \$125 for all events if paid at first clinic. Bring USAW membership card (available at <http://marylandwrestling.org/how-to-become-a-member/>), registration form, and payment to clinic. Registration fee covers clinic/venue expenses. Remaining funds, if any, will go to the Cadet National Team to reduce wrestler expenses for travel to Cadet National Duals. There will be no food or drinks available at training locations so please pack lunch, snacks, and drinks. Visit <http://marylandwrestling.org/2012-cadet-program/> or contact Cadet Lead Jeff Simpson at 301-996-6370 or Jeffrey.s.simpson@gmail.com to learn more.

PLEASE MARK DATES YOU PLAN TO ATTEND!

- 7 April 10:00AM - 5:00PM – Takedown Clinic hosted by Rampage Wrestling Club**
Location: F.B. Gwynn Educational Center – LaPlata, MD Clinicians: Kiessling / Herwig
- 15 April 10:00AM – 5:00PM – Front Headlock Clinic hosted by No Remorse Wrestling Club**
Location: DeMatha Catholic High School – Hyattsville, MD Clinicians: Rowe / Lipp
- 21 April 10:00AM – 5:00PM – Turns Clinic hosted by Bullseye Wrestling Club**
Location: U.S. Naval Academy – Annapolis, MD Clinicians: Davis / Hicks
- 28 April 10:00AM-5:00PM – Throws Clinic hosted by Warhawks Wrestling Club**
Location: “The Barn” – Sykesville, MD Clinician: Joe Kemmerer
- 5-6 May - “Bringing it all together” Intensive Clinic** Clinicians: Vitale / Rowe
 - Day 1 Hosted by McDonogh Wrestling Club, McDonogh School – Owings Mills, MD (Tentative Venue)
 - Day 2 Hosted by No Remorse Wrestling Club, DeMatha Catholic High School – Hyattsville, MD

PLEASE VISIT WWW.MARYLANDWRESTLING.ORG FOR UP TO DATE INFORMATION

SPONSORED BY THE MARYLAND STATE WRESTLING ASSOCIATION (MSWA)



Must have a current/valid USA Wrestling Card for all events – Cards will not be available at clinic sites



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CLINICIAN BIOGRAPHIES (In order of clinician appearance)

- ❖ Jason Kiessler, Rampage Wrestling Club, Assistant wrestling coach St. Mary's Ryken HS
 - 2007 ACC Champion and NCAA Division I Qualifier for University of MD
 - 2002 Senior National All-American
 - 3x Maryland High School State Finalist, 2002 State Champion
- ❖ Ryan Herwig, Blue Claw Wrestling Club, Assistant wrestling coach Mt. St. Joseph HS
 - 2008 NCAA Division III All-American at Delaware Valley College
 - 1999 Cadet Freestyle National Champion
 - 3x Maryland High School State Finalist, 2001 State Champion
- ❖ Mike Rowe, No Remorse Wrestling Club, Assistant wrestling coach DeMatha HS
 - 3x University Freestyle All-American
 - 2004 Junior Freestyle All American
 - 2x Cadet Freestyle All American (2002 and 2003) including 2003 Cadet Freestyle National Champion
 - 3x National Prep Champion
 - 4x Maryland High School State Champion
- ❖ Jordan Lipp, Assistant Coach MD National Team, Head Coach Charles E. Smith Day School
 - 2010 EIWA Finalist and NCAA Division I Qualifier for American University
 - 2005 Senior National All-American
 - 2005 Ohio High School State Champion
- ❖ Ryan Davis, Bullseye Wrestling Club
 - Member of 2004 and 2005 NCAA Championship Teams for Oklahoma State
 - 2x Junior Freestyle All-American
 - 2x Cadet Freestyle All-American including 2001 Cadet Freestyle National Champion
 - Cadet Greco-Roman All American
 - 3x National Prep Champion
 - 2x Maryland High School State Champion
- ❖ David Hicks, Bullseye Wrestling Club, Head Coach St. Mary's HS
 - Alumni UT-Chattanooga wrestling team
 - Maryland High School State Finalist
- ❖ Joe Kemmerer, Assistant wrestling coach Virginia Military Institute
 - 2010 University Greco-Roman World Team Member
 - 2010 University Greco-Roman National Champion
 - 2x NCAA Division II National Champion for Kutztown University (2009 & 2007)
 - 2009 NWCA Outstanding Wrestler (awarded at 2009 NCAA Championships)
 - 2004 Undefeated Pennsylvania AAA High School Champion
 - 2004 Dapper Dan All-Pennsylvania Team Member
- ❖ Chris Vitale, Assistant wrestling coach MD National Team, Assistant Wrestling Coach University of MD
 - 2001 NCAA All-American for Lehigh University
 - 1997 Pennsylvania High School State Finalist