

## **Myles Martin and Hunter Ritter Capture Third Straight MIS Titles**

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### ***Harrell Grabs His Third Championship, First As a Private School Grappler***

The Maryland State Wrestling Association's Maryland Independent States aka the Private School State Tournament fell victim to Saturday's snow storm. The time schedule was condensed and the semi-finals were moved to Friday night. As the snow fell across the land on Saturday morning the action inside the Rollins-Luetkemeyer Athletics Center on the campus of McDonogh heated up.

When the dust settled 14 state champions were crowned and McDonogh Senior Myles Martin (182) was named the outstanding wrestler. Martin, who is ranked No.2 in the nation by FloWrestling, pinned all four of his opponents, the first two in 15 and 10 seconds respectively.

The title was Martin's third straight after finishing as a runner-up his freshman year. The future Ohio State Buckeye lost to St. Paul's Peter Galli in the finals that year, then beat Galli a week later at the National Prep Tournament, showing how close he was to being a four-time champion. Martin's stellar career was capped off this year with his second straight Beast of the East title, and a second consecutive runner-up performance at the Ironman. .

Cameron Harrell won his first state crown as a member of McDonogh's squad. Harrell, ranked 4<sup>th</sup> in the country by FloWrestling, won two 3A/4A titles as a freshman and sophomore at Broadneck High School. Last year he came up short in the finals in a memorable battle with Alfred Bannister (Bishop McNamara). Harrell is headed to the University of Virginia in the fall.

McDonogh's third champion, Heavyweight Wyatt Cook, earned his second state title. The senior was a runner-up as a freshman and sat out his sophomore campaign due to injury. Cook likely wrestled the last match of his career as he is headed to Purdue on a football scholarship.

John Carroll's Hunter Ritter, who will be wrestling for Wisconsin next year, brought home his third consecutive championship. FloWrestling's No.3 195lber in the country pinned his first four opponents en route to the finals before downing Good Counsel's Kevin Snyder 6-2. Ritter is a two-time Beast of the East placer and two-time Mount Mat Madness Champion.

Chris Almony (170) grabbed his first state title giving John Carroll their second champion. Almony is a four-time state placer.

St. Paul's had two grapplers secure their second championships, sophomore Daniel Planta (113) and senior Ryan Friedman (120). Planta, who defeated Mt. St. Joe's Cody Trybus for the third time this year, is now two-for-two and inline to become a four-time state champion.

Friedman beat Severn's Michael Doestch for the second week in a row, securing his fourth MIAA title last week. Friedman, who placed third last year, was a runner-up as a freshman and won his first crown as a sophomore. Doestch is a two-time runner-up.

Georgetown Prep crowned two champions, Super Sophomore Eric Hong (132) and Colin Kowalski (138). Hong's title was his second in two tries. He burst on the scene last year and ran the table all the way to a National Prep title. Hong is currently ranked 11<sup>th</sup> nationally by FloWrestling. He pinned his way to the finals before gaining a 5-0 decision over McDonogh Sophomore Quinn Devaney.

Kowalski earned his first gold with a 1-0 victory over Good Counsel's Bailey Thomas. It was the second week in a row Kowalski beat Thomas after losing 8-2 earlier this year at the Sharknado Duals.

Southern Maryland's St. Mary's-Ryken won the "B" Division title on the strength of its two champions, King Sandoval (106) and Steven Simpson (126).

Sandoval, a freshman, had an impressive run through the tournament pinning his first two opponents in the first period before beating Spalding's Ryan Garretson by a major-decision 11-3.

Simpson authored a run that was even more impressive than his teammate's. The senior, who will be plying his trade at Old Dominion in the fall, pinned his way to the finals then earned a 16-1 technical-fall over Zach Dwyer (John Carroll) to claim the second state title of his career. Simpson was a champion as a freshman, third as a sophomore, and a runner-up to Hong last year.

One of the more exciting bouts of the final round took place at 145lbs. Curley's Tyshawn Williams (No.20 in the nation by FloWrestling) defeated then No.19 Kevin Budock (Good Counsel) 5-2. Williams used a takedown to a cradle for four points to take control of the match and never looked back. For Williams, it was his second career state title. The first came as a freshman in Nebraska. Budock, a junior, was looking for his third crown.

Loyola's Jake Nordhausen (220) gained a bit of revenge and his first state title with a late takedown to seal a 3-2 win over McDonogh's Mike Smith (Navy). Nordhausen, who lost to Smith in the MIAA Finals last week, will be wrestling at West Point next year. Nordhausen moved up to 220 for last year's MIAA tournament and beat Smith in the finals. He dropped back to 195 for the state tournament and finished third.

Sam Rowell (Mt. St. Joe, 160) also won his first state title. Rowell was a runner-up last year after transferring from Reservoir High School. At Reservoir Rowell placed fifth at the 3A/4A state tournament as a freshman and sophomore.

The "A" Division Championship was won by McDonogh. The Eagles out-paced runner-up John Carroll by 8.5 points (252-243.5) to reverse their runner-up finish at the MIAA tournament.

Rounding out the top five was third place Good Counsel (209), Mt. St. Joe (186), and Georgetown Prep (149).

### **Team Scores**

#### *"A" Division*

1. McDonogh School 252.0
2. John Carroll 243.5
3. Good Counsel 209.0
4. Mount Saint Joseph 186.0
5. Georgetown Prep 149.0
6. Loyola Blakefield 143.0
7. Saint Paul's 126.0
8. Archbishop Spalding 108.5
9. Archbishop Curley 98.5
10. Gilman School 94.0
11. Boys` Latin 87.0
12. DeMatha Catholic 82.5
13. Landon 74.5
14. Calvert Hall 63.0
15. Bullis School 53.0

#### *"B" Division*

1. Saint Mary's Ryken 97.5
2. Severn School 58.0
3. Glenelg Country School 57.5
4. Saint Vincent Pallotti 49.5
5. Saint Mary's 34.0
6. Heights School 29.0
7. Our Lady of Mt. Carmel 25.0
8. Annapolis Area Christian 24.0
9. St James School 22.0

10. Saint Andrew's Episcopal School 16.0
11. Covenant Life School 11.0
12. Friends of Baltimore 10.0
12. Maryland School for the Deaf 10.0
14. Silver Oak Academy 7.0
15. Bishop McNamara 4.0

### **Championship Finals**

- 106-King Sandoval (Saint Mary's Ryken) 54-8, Fr. over Ryan Garretson (Archbishop Spalding) 45-10, Fr. (MD 11-3).  
 113-Daniel Planta (Saint Paul's) 39-4, So. over Cody Trybus (Mount Saint Joseph) 27-9, Jr. (Dec 4-2).  
 120-Ryan Friedman (Saint Paul's) 47-8, Sr. over Michael Doetsch (Severn School) 34-5, Jr. (Dec 8-1).  
 126-Steven Simpson (Saint Mary's Ryken) 62-3, Sr. over Zach Dwyer (John Carroll) 45-13, Sr. (TF-1.5 3:07 (16-1)).  
 132-Eric Hong (Georgetown Prep) 24-1, So. over Quinn Devaney (McDonogh School) 36-6, So. (Dec 5-0).  
 138-Colin Kowalski (Georgetown Prep) 39-5, Sr. over Bailey Thomas (Good Counsel) 34-2, So. (Dec 1-0).  
 145-Tyshawn Williams (Archbishop Curley) 46-2, Sr. over Kevin Budock (Good Counsel) 58-6, Jr. (Dec 5-2).  
 152-Cameron Harrell (McDonogh School) 42-3, Sr. over Paul Hutton (Good Counsel) 43-9, Jr. (Dec 9-2).  
 160-Sam Rowell (Mount Saint Joseph) 29-1, Sr. over Garrett Neff (Good Counsel) 44-7, Jr. (Dec 5-2).  
 170-Chris Almony (John Carroll) 43-6, Sr. over Jarett Witzal (Landon) 39-8, Sr. (MD 10-0).  
 182-Myles Martin (McDonogh School) 41-1, Sr. over Donovan McAfee (Good Counsel) 39-9, Sr. (Fall 3:18).  
 195-Hunter Ritter (John Carroll) 51-1, Sr. over Kevin Snyder (Good Counsel) 51-7, Jr. (Dec 6-2).  
 220-Jake Nordhausen (Loyola Blakefield) 37-3, Sr. over Mike Smith (McDonogh School) 32-8, Sr. (Dec 3-2).  
 285-Wyatt Cook (McDonogh School) 15-0, Sr. over Andrew Humphrey (DeMatha Catholic) 32-9, Sr. (Dec 11-4).

### **Third Place**

- 106-Cole Brown (Gilman School) 32-11, Fr. over Patrick Langeluttig (Mount Saint Joseph) 26-12, Fr. (Dec 4-2).  
 113-Karl Lindsey (McDonogh School) 25-11, So. over Jared Butler (Saint Vincent Pallotti) 34-13, So. (Dec 3-2).  
 120-Kyle Trybus (Mount Saint Joseph) 30-7, Jr. over Caden Mareno (McDonogh School) 31-12, Fr. (SV-1 14-9).  
 126-Grant Gorvett (McDonogh School) 20-11, Fr. over Braeden Alevizatos (Gilman School) 34-8, So. (Dec 1-0).  
 132-Shawn Orem (Mount Saint Joseph) 29-12, So. over Dominick Reyes (Loyola Blakefield) 31-6, So. (Dec 5-3).  
 138-Chase Pappas (Saint Mary's) 41-9, Sr. over Austin Smith (John Carroll) 18-7, Jr. (Dec 5-2).  
 145-Sam Martino (McDonogh School) 36-7, Jr. over Steve Jernigan (John Carroll) 45-8, Sr. (Dec 6-0).  
 152-Lewis Riggs (DeMatha Catholic) 39-7, Sr. over Aryemis Brown (Bullis School) 34-7, So. (Dec 7-0).  
 160-Nick Moreno (Loyola Blakefield) 36-5, Jr. over Kai Lee (Archbishop Curley) 31-14, Sr. (MD 15-4).  
 170-Reid Chaconas (Glenelg Country School) 39-2, Jr. over Paul Purkey (Good Counsel) 34-17, Fr. (Fall 3:24).  
 182-Rocco Bruno (Boys' Latin) 34-7, Sr. over Joe Scott (Calvert Hall) 36-8, Jr. (MD 11-3).  
 195-Logan Rill (Mount Saint Joseph) 30-9, Jr. over John Urban (Saint Paul's) 29-16, . (Dec 7-2).  
 220-Paul Triandafilou (Georgetown Prep) 44-5, Sr. over Nick Miller (Good Counsel) 26-7, Sr. (Dec 3-2).  
 285-Mansur Abdul-Malik (Saint Vincent Pallotti) 46-8, . over Christian Scott (John Carroll) 39-9, Sr. (Dec 5-2).

### **Fifth Place**

- 106-Luke Strappelli (John Carroll) 38-21, Fr. over Ryan Thomas (Loyola Blakefield) 35-14, Fr. (Dec 5-2).  
 113-Mike McCabe (John Carroll) 17-8, So. over Jamie Rice (Boys' Latin) 27-15, Fr. (Fall 3:36).  
 120-Chad Skokowski (John Carroll) 40-12, Sr. over Joshua Laubach (Archbishop Curley) 34-17, Fr. (SV-1 5-3).  
 126-Kahlan Lee-Lermer (Boys' Latin) 36-9, Jr. over Malik Woody (Mount Saint Joseph) 35-9, Sr. (Dec 5-2).  
 132-Brian Chalmers (John Carroll) 33-13, Sr. over Justin Chenault (Saint Vincent Pallotti) 48-4, Sr. (Dec 4-1).  
 138-Brendon Gallagher (Landon) 26-13, Fr. over Mike Pearson (Archbishop Spalding) 43-11, Sr. (MD 9-1).  
 145-Noah Kalishman (Saint Paul's) 29-14, . over Jack Eberhard (Archbishop Spalding) 10-8, Jr. (Fall 3:24).  
 152-Corneilus Schuster (Mount Saint Joseph) 33-12, So. over Nate Malinowski (Boys' Latin) 23-10, Jr. (Dec 7-0).  
 160-Austin Ross (John Carroll) 28-5, Jr. over Ernie Sigmon (Saint Mary's Ryken) 40-22, Fr. (Fall 3:45).  
 170-Aaron Cranston (Gilman School) 28-16, Jr. over Gregg Amaral (Loyola Blakefield) 26-13, Jr. (Dec 7-3).  
 182-Jacob Brummett (Gilman School) 26-19, So. over Bryant Boswell (Georgetown Prep) 25-18, So. (Fall 3:15).  
 195-Dalton Negm (Calvert Hall) 26-7, Sr. over James Geer (Archbishop Curley) 13-11, Jr. (Dec 4-2).  
 220-Jacob Parker (Archbishop Spalding) 48-7, Sr. over Jamie Hunter (DeMatha Catholic) 36-12, Sr. (Dec 7-3).  
 285-Dan Herman (Heights School) 26-4, Jr. over Jahee Jackson (Gilman School) 23-11, Sr. (Dec 6-3).

### **Seventh Place**

- 106-Aidan Welsh (McDonogh School) 15-17, Fr. over Cord Richardson (Good Counsel) 35-18, Fr. (For.).  
113-Nick Van Besien (Archbishop Spalding) 37-16, So. over Billy Trout (Our Lady of Mt. Carmel) 32-9, Fr. (For.).  
120-Nick Malinowski (Boys` Latin) 28-13, Jr. over Joe McCord (Georgetown Prep) 26-15, So. (MD 9-1).  
126-Tyler Zimmerman (Our Lady of Mt. Carmel) 36-8, Sr. over Vincent Thuman (Calvert Hall) 16-23, Fr. (MD 10-1).  
132-Joey Eberhard (Archbishop Spalding) 42-13, Sr. over Griffin Welsh (Saint Paul's) 19-13, . (Dec 5-0).  
138-Marcellus Brown (Loyola Blakefield) 28-16, Sr. over Jordan Brown (Saint Paul's) 26-13, . (Dec 9-7).  
145-Alexander Brown (Bullis School) 40-8, Jr. over Caleb Wilson (Georgetown Prep) 22-19, So. (TF-1.5 5:30 (18-3)).  
152-Andy Millner (John Carroll) 31-24, Jr. over Miles Franklin (Landon) 30-19, Sr. (MD 11-3).  
160-Austin Stith (DeMatha Catholic) 26-14, Fr. over Andrew Hurdle (McDonogh School) 18-16, Fr. (Dec 7-0).  
170-John VanHouten (Saint Mary`s Ryken) 33-15, Jr. over Gabe Trujillo-Lederer (Georgetown Prep) 2-3, Jr. (Fall 1:25).  
182-Jimmy Lucas (Mount Saint Joseph) 18-6, Jr. over Gavin Cauley (Severn School) 3-3, Sr. (Dec 3-2).  
195-Alex Caltrider (Loyola Blakefield) 24-10, Jr. over Thomas Gates (Georgetown Prep) 11-10, So. (Fall 2:37).  
220-Henry Gregory (Annapolis Area Christian) 30-10, Jr. over Alex Barnabae (Mount Saint Joseph) 20-7, Sr. (MD 11-2).  
285-Kevin Sigwart (Archbishop Curley) 39-12, Sr. over Austin Hurdle (Loyola Blakefield) 28-11, Sr. (Fall 5:21).

### **Finals Videos**

106-King Sandoval vs Ryan Garretson  
<https://www.youtube.com/watch?v=y-cQAghPR-M>

113-Daniel Planta vs Cody Trybus  
<https://www.youtube.com/watch?v=XaXCsjRd5N8>

120-Ryan Freidman vs Michael Doetsch  
<https://www.youtube.com/watch?v=a4KNLOTbWfl>

126-Steven Simpson vs Zach Dwyer  
<https://www.youtube.com/watch?v=1pLHKzaEko8>

132-Eric Hong vs Quinn Devaney  
<https://www.youtube.com/watch?v=gWy1ZYsOQPI>

138-Colin Kowalski vs Bailey Thomas  
<https://www.youtube.com/watch?v=lxu1v0qYEso>

145-Tyshawn Williams vs Kevin Budock  
<https://www.youtube.com/watch?v=6zTlxCOHUo>

152-Cameron Harrell vs Paul Hutton  
<https://www.youtube.com/watch?v=6WgtqNiouzI>

160-Sam Rowell vs Garrett Neff  
<https://www.youtube.com/watch?v=7WrFGhBQEuI>

170-Chris Almony vs Jarrett Witzal  
<https://www.youtube.com/watch?v=E15r-RTORFs>

182-Myles Martin vs Donovan McAfee  
<https://www.youtube.com/watch?v=L5YnaBg8BTA>

195-Hunter Ritter vs Kevin Snyder  
<https://www.youtube.com/watch?v=iUpyzauGPWU>

220-Jake Nordhausen vs Mike Smith  
<https://www.youtube.com/watch?v=-5E9zxHiEwo>

285-Wyatt Cook vs Andrew Humphrey  
<https://www.youtube.com/watch?v=BR0LZd6mnng>

**Semi-Finals**

113-Michael Doetsch vs Kyle Trybus

<https://www.youtube.com/watch?v=b0FCct0Ex4k>

132-Quinn Devaney vs Justin Chenault

<https://www.youtube.com/watch?v=-HgSeh0hp8E>

145-Tyshawn Williams vs Sam Martino

<https://www.youtube.com/watch?v=AoSgLa89jC4>

220-Mike Smith vs Nick Miller

<https://www.youtube.com/watch?v=gYmXfgYEIMM>